

Geotechnical Engineering Design of a Tunnel Support System - A Case Study of Bheri Babai Headrace Tunnel

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Abstract

The analysis of rock mass strength, geological problem related to tunnel construction and designing appropriate support system for Bheri Babai Headrace Tunnel (BBDMP) is presented in the paper. Tunnel squeezing and rock burst is checked before design of support system. Rock mass classification system (Q and RMR) are used as empirical method to obtain recommended support system. For analytical solution Convergent confinement method is used to determine required support pressure to resist displacement. Finite element modelling using Phase 2 version 7.013 is used to check the ground condition and stress concentration around the tunnel providing support system for resisting the deformation. The displacement and radius of plastic zone is reduced after installation of support shown by obtained results. The first two methods i.e. empirical and analytical provide first estimate to design while numerical method can be used to verify the performance of support system. Hence design method providing maximum factor of safety should be recommended.

Keywords - Tunnels, Case study, Support, Squeezing, Rock burst, Empirical Method, Analytical Method, Numerical Modelling

I. INTRODUCTION

Tunnels are flexible structures during construction of any infrastructure. Tunnel prove to be the shortest alignment proving more efficient and effective medium of construction. Due to the short route and economic feasibility most of the hydropower tunnels of Nepal choose tunnels for water conveyance. With ease comes challenges, on the other hand various hazards are associated with underground construction. Some of them are swelling, squeezing, rock burst, spalling etc which are major problems faced during underground tunnelling in weak rocks. Tunnelling in weak rocks is an iterative process. The impending failure that may arise due to the construction of tunnel is resisted by proper designing of tunnel support system.

The aim of this paper is to analyse the geological condition and to obtain required support system. Bheri Babai Headrace Tunnel is the first tunnel to be built on Siwalik region of Nepal. The BBDMP aims

to divert 40 m³/s of water from Bheri River to the Babai River to irrigate 51,000 ha of agricultural land of Bardia and Banke district of Nepal and also thereby generate 48 MW of electricity making it a multipurpose project. The tunnel alignment lies in Surkhet and Bardia district of Nepal. The Tunnel is divided into six sections.[1]

The overburden, Q and RMR value of the sections are presented below:

TABLE 1: Input data for Bheri Babai headrace tunnel

Chainage	Overburden (m)	RMR	Q
1+600	560	31	2.4
2+800	618.3	41	2.8
5+300	408.5	56	4.5
6+200	346.6	29	1.5
8+400	132.8	35	2.6
12+200	120	44	4.3

Since the chainage 6+200m has least RMR and Q value and Bheri Thrust also lies in this region so the design of this section is presented in this paper.

II. TUNNELLING PROBLEMS

Among various hazards to be faced during construction of tunnel squeezing and rock burst is among them. According to ISRM squeezing of rock is the time dependent large deformation which occurs around a tunnel and other underground openings and is essentially associated with creep caused by exceeding shear strength (limiting shear stress). Experience shows that deeper an opening is made in rocks; more vulnerable it becomes to rock burst. The rock burst is defined as any sudden and violent expulsion of rock pieces from an apparently stable opening. [2]

Criteria for squeezing is checked in the tunnel section that is considered. Empirical and semi-empirical approaches were checked to determine probability of squeezing. Singh (1992) determined squeezing phenomenon on the basis of Barton's Q values of rock mass and the present overburden. [3] Goel (1994) approach expressed squeezing phenomenon on the basis of rock mass number width of tunnel and height of overburden. [4] Rock mass number is Q

value with SRF 1. The summary for this method is shown below.

TABLE 2: Summary of squeezing criteria of Empirical Approach

Approach	Squeezing condition	Non-squeezing condition
Singh's approach	$H < 350Q^{1/3}$	$H > 350Q^{1/3}$
Goel's approach	$H < (275N^{0.33}) B^{0.1}$	$H > (275N^{0.33}) B^{0.1}$

Among various semi-empirical method to determine tunnel squeezing Jethwa.et.al (1984) approach is used to check the tunnel squeezing. The uniaxial compressive strength and in-situ stress is considered during the analysis. The summary for this method is shown is in table.

TABLE 3: Summary of squeezing criteria according to Jethwa et al. (1984) [5]

N_c	Condition
<0.4	Highly squeezing
0.4-0.8	Moderately Squeezing
0.8-2.0	Mildly Squeezing
>2.0	No Squeezing

Criteria for rock burst was checked using empirical approaches by Hoek and Brown and Grimstad and Barton.

TABLE 4: Calculation for rock burst criteria

$\sigma_1 = \sigma_h = 1.5 + 1.2 \sigma_v$ (MPa)	Sengupta (1998) for overburden less than 400m [6]
$\sigma_3 = \sigma_h = 1 + 0.5 \sigma_v$ (MPa)	
$\sigma_1 = \sigma_h = 2.8 + 1.48 \sigma_v$ (MPa)	Hoek & Brown (1980) for overburden up to 100m [7]
$\sigma_1 = \sigma_h = 2.2 + 0.89 \sigma_v$ (MPa)	
$\sigma_v = \gamma H$	Vertical Stress
$\sigma_{\theta max} = 3\sigma_1 - \sigma_3$	Kirsch Solution
$\sigma_{\theta max} = 3\sigma_3 - \sigma_1$	
$\sigma_{\theta r} = (Ak-1) \sigma_z$	Hoek & Brown (1980). A and B are excavation constants.
$\sigma_{\theta w} = (B-k) \sigma_z$	

III. TUNNEL SUPPORT DESIGN USING EMPIRICAL APPROACH

Q-system is very common for rock mass classification for tunnelling. The other system used in the research paper is Rock Mass Rating (RMR) system. According to Q system the rock mass classification is Poor rock for the section considered. According to RMR system the classification is also

Poor. The chart provided by Barton is used to determine the support required for the tunnel.

IV. TUNNEL SUPPORT DESIGN USING ANALYTICAL APPROACH

The method is also known as Convergent Confinement Analysis which determines displacement of the tunnel and gives the support pressure that can control the displacement. Carranza-Torres and Fairhurst said CCM has three components: Longitudinal Displacement Profile (LDP), Ground reaction Curve and SCC.[8]

A. Longitudinal Displacement Profile

LDP is the graphical representation of radial displacement that occurs along the axis of unsupported cylindrical excavation i.e. for the sections located ahead of and behind tunnel face.

B. Ground Reaction Curve

GRC is the relationship between decreasing internal pressure p_i and increasing radial displacement of tunnel wall u_r . The Relationship depend upon mechanical property of rock mass and can be obtained from the elasto-plastic solution of rock deformation around an excavation.

C. Support Characteristics Curve

Support characteristics curve is the plot between increasing pressure P_s on the support and increasing radial displacement u_r of the support.

V. CALCULATION OF AVAILABLE SUPPORT

A. Available support for shotcrete or concrete lining

The maximum support pressure developed by concrete or shotcrete lining can be calculated from the following relationship which is based on the theory of hollow cylinders.

$$p_s^{max} = \frac{\sigma_{cc}}{2} \left[1 - \frac{(R-t_c)^2}{R^2} \right]$$

The stiffness constant K_s is as follows:

$$K_s = \frac{E_c}{(1-\nu_c)R} \frac{R^2 - (R-t_c)^2}{(1-\nu_c)R^2 + (R-t_c)^2} \quad \text{Where,}$$

E_c elastic modulus of concrete

ν_c is Poisson's ratio

R is external radius of tunnel (m)

t_c is thickness of the concrete or shotcrete

σ_{cc} is unconfined compressive strength of the shotcrete or concrete

B. Available support for ungrouted bolts and cables

The maximum pressure provided by the support system, assuming that the bolts are equally space in the circumferential direction, is given by:

$$p_s^{max} = \frac{T_{bf}}{s_c s_1}$$

And the stiffness is given by:

$$\frac{1}{K_s} = s_c s_1 \left[\frac{4l}{\pi d_b E_s} + Q \right] \quad \text{Where,}$$

d_b is the bolt or cable diameter (m)

l is the free length of bolt or cable (m)
 T_{bf} is the ultimate load obtained from a pullout test (MN)
 Q is a deformation load constant for the anchor and head (m/MN)
 E_s is Young's modulus of bolt or cable (MPa)
 $S_{c is}$ the circumferential bolt spacing (m)
 S_l is the longitudinal bolt spacing (m)

C. Available Support for SteelSet

The maximum support pressure of the set is:

$$p_s^{max} = \frac{A_s \sigma_y}{s_c R} \quad \text{And the}$$

stiffness is: $K = \frac{E}{SR^2}$

Where,

σ_y is yield strength of steel (MPa)
 E_s is the Young's modulus of the steel (MPa)
 A_s is the cross-sectional area of the section (m)
 S_c is the set spacing along the tunnel axis (m)
 R is the radius of the tunnel (m)

In this case, the stiffness of the combined system is determined as the sum of the stiffness of the individual components.

$$K = K_1 + K_2$$

Where, K_1 = stiffness of the first system and K_2 = stiffness of the second system.

VI. TUNNEL SUPPORT DESIGN USING NUMERICAL MODELLING

Numerical methods available for problem solving in geotechnical engineering are Finite Element Method (FEM), Spectral Element Method (SEM), Finite Difference Method (FDM), Finite Volume Method (FVM), Discrete Element Method (FEM). [10]

Finite Element Method (FEM) is a technique which approximates the solution of governing differential equations in the mathematical model by dividing the domain into meshes or grids and applying simpler equations to individual elements or nodes in the mesh to approximate the solution by minimizing the associated error function. [11]

Phase² is a two-dimensional elasto-plastic finite element program. It is used for calculating stresses and displacements around underground openings, and can be used to solve a wide range of mining, geotechnical and civil engineering problems. The detail assessment is using computer software is carried out for chainage 6+200m. The properties are adopted as much as possible to real values. The blast damage factor was introduced in Hoek and Brown failure criterion in 2002, the constant is determined as follows. [12]

$$m_b = m_i \exp\left(\frac{GSI-100}{28-14D}\right)$$

$$s = \exp\left(\frac{GSI-100}{9-3D}\right)$$

$$a = \frac{1}{2} + \frac{1}{6} (e^{-GSI/15} - e^{-20/3})$$

The GSI Value is calculated using following relation:
 $GSI = RMR - 5$

TABLE 5: Input data for Phase² for Numerical Modelling

Rock Mass Property	Values
Rock Type	Mudstone
Poisson's Ratio	0.15
σ_{ci} (MPa)	11.89
m_i	8
GSI	24
D	0.5
E_i (MPa)	4000
m_b	0.2144
s	0.00003
a	0.5334
Unit Weight (KN/m ³)	23
Vertical Stress	7.971

VII. RESULT AND DISCUSSION

Assessment for Squeezing and Rock Burst Condition was done for Chainage 6+200m.

TABLE 6: Checking of squeezing criteria for chainage 6+200m

Goel Approach	Singh Approach	Jethwa et. al approach
Squeeze	Safe	Mild squeeze

TABLE 7: Checking for rock burst for chainage 6+200m

σ_c / σ_θ	For Roof	For Wall
Hoek and Brown	Severe Spalling	Heavy support Required
Grimstad and Barton [9]	High stress, Usually favourable to stability	Moderate Slabbing After 1 hour

The support was designed considering the above condition for squeezing and rock burst. The empirical, analytical and numerical modelling for the section was performed.

A. Empirical Method

The support system as suggested by Q and RMR System is given in table below.

TABLE 8: Support system suggested by Q System

Bolts	Shotcrete	Steel Sets
25 mm diameter 2.5 mm long grouted rock	7.5 cm thick steel fibre reinforced shotcrete	None

TABLE 9: Support system suggested by RMR System

Bolts	Shotcrete	Steel Sets
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Systematic Bolts 4-5m long, spaced 1-1.5 m in crown and wall with wire mesh.	100-150mm in crown and 100 mm in sides.	Light to medium ribs spaced 1.5 m where required.
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B. Analytical Method

Ground reaction curve and Support reaction curve was prepared for the section. Factor of Safety of 2.09 was obtained after combined bolt, shotcrete and steel sets was provided.

TABLE 10: Total combined support parameters

Maximum support pressure (P_{max})	2.676
Maximum Stiffness (MN/m)	17584.90
Support installed	80mm

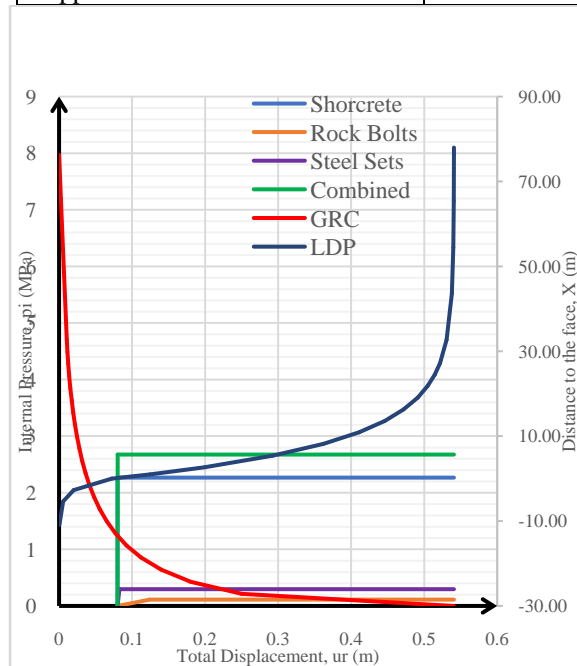


FIGURE 1: GRC, LDP and SCC for chainage 6+200m

C. Numerical Modelling (PHASE²)

The displacement after preparing the model was seen 75 mm. The radius of plastic zone was 32m. So, in order to reduce the plastic zone and displacement support was installed. Care is taken the tunnel closure is not more than 4% of the tunnel span. Support capacity diagram is generated for determining the factor of safety of shotcrete and steel ribs. For a given factor of safety, capacity envelopes are plotted in axial force versus moment space and axial force versus shear force space. Values of axial force, moment and shear force for the liners are then compared to the capacity envelopes. The computed liners values must fall inside an envelope so that they have a factor of safety greater than envelope values. Factor of Safety greater than 2 is accepted. Also, there should be no yielding of bolts and liners.

TABLE 11: Support system suggested by Phase²

Steel Ribs (I Beam M Type)		Shotcrete	
Sectional depth	0.203m	Thickness	300mm
Area	0.0012 m ²	Poisson Ratio	0.25
Youngs Modulus	2 × 10 ⁵ MPa	Compressive Strength	25 MPa
Poisson Ratio	0.25	Tensile Strength	3 MPa
Compressive Strength	250 MPa	Rock-Bolts (Fully Bonded, 3m long)	
Tensile Strength	400 MPa	Diameter	25 mm
Weight	8.9 Kg/m	Bolt Modulus	2 × 10 ⁵ MPa

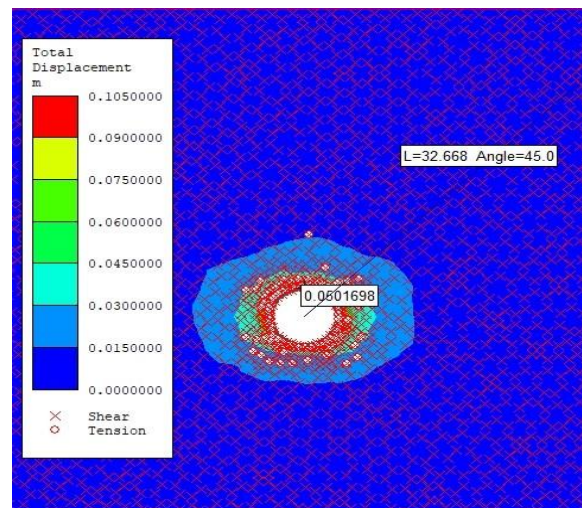


FIGURE 2: Total displacement 75mm and Radius of plastic zone 32.6m before support installation

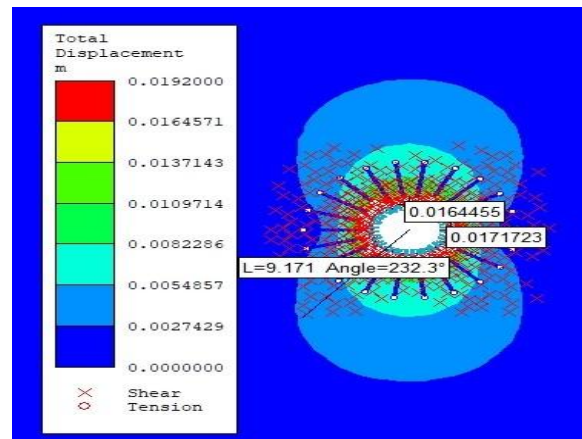


FIGURE 3: Total displacement 18.51mm and Radius of plastic zone 9.17m after support installation

VIII. CONCLUSION

Empirical method gives very low value of support system. Analytical method provides quite fair result but cannot meet the permissible requirement. Integrating empirical, analytical and numerical

modelling, a satisfactory support can be achieved. The result from Phase modelling show displacement and radius of plastic zone reduces significantly after installation of support. The analytical GRC and SCC helps to determine the appropriate time to install the support. The empirical and analytical method lead to determine first estimate of ground behaviour while numerical modelling can be used to verify the performance of the excavated ground. So, recommending the support as suggested in Table 11.

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